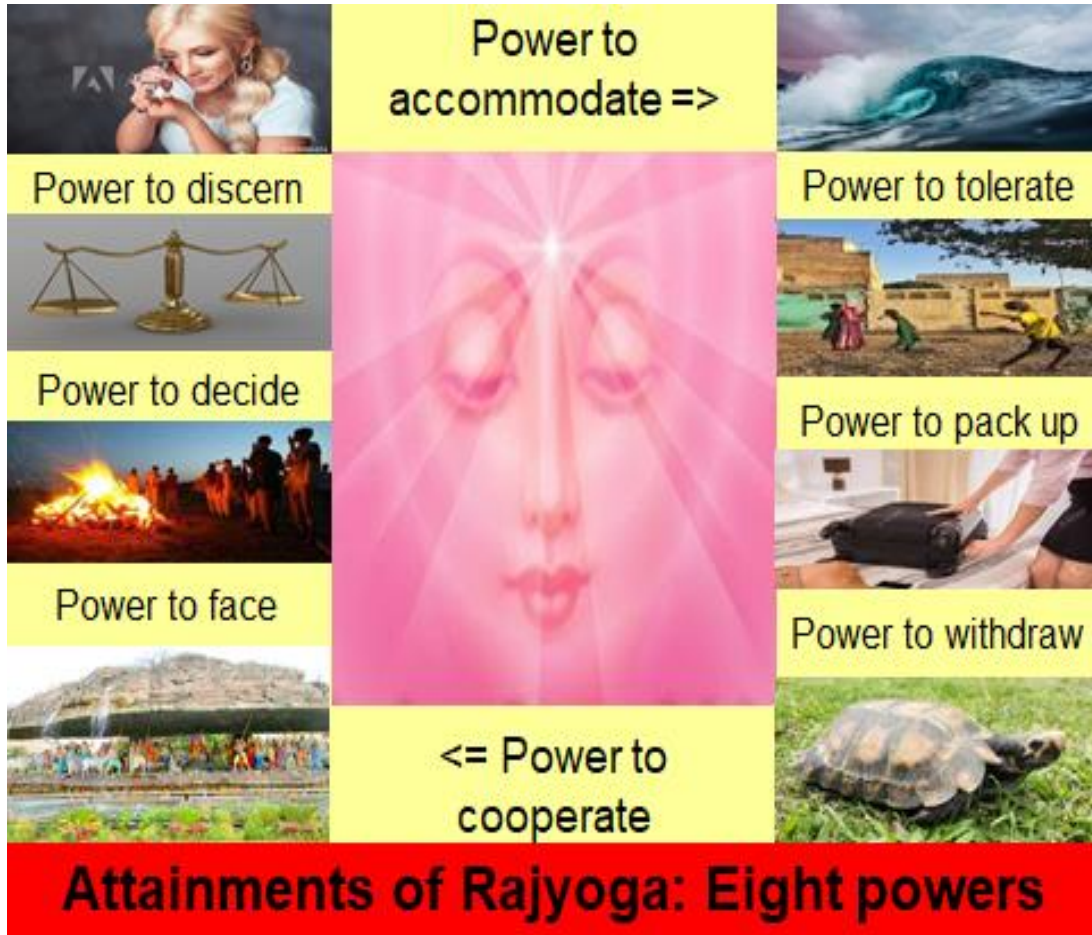


10. Powers obtained from remembrance of Supreme soul

Rajyoga means realizing oneself to be the soul and contemplate about the immeasurable knowledge, unlimited powers and divine qualities of supreme soul while doing every action. Thus becoming the king of all senses of the self and bring full self-transformation leading to world transformation. From Raja Yoga, every soul receives ample amount of mainly 8 powers from the supreme soul as shown in the picture. Every soul has all these powers but not full, which are in the deities or angels. The Supreme soul is omnipotent and unlimited ocean of all powers, so by remembering Him, the powers of Him are obtained according to the proverb of "As you think so shall you become" and principle of subconscious mind.

1. Power to accommodate: A shining example of the power to accommodate is the ocean of water as shown in the picture. The ocean has river water or dirty water but it accommodates everything. Even in human life, different situations, various human beings, all kind of challenges, questions, problems, etc. have to come according to the karmic account of the soul. So the essence is to settle it by not asking why, what, when, who, where, how etc. and wasting one's energy. Accepting them as routine of life will preserve our energy to settle all accounts to move forward. The practice of Rajyoga increases the power of accommodation in life.

2. Power to tolerate: If a child throws a stone at a tree full of fruits, it does not hit the stone back but gives sweet fruit. In this way, situations, people, questions, challenges, obstacles, etc. come in front of human beings in the form of stones, which are the account of our past deeds. Therefore, instead of giving a reaction and by cultivating a little endurance, we have to give a response so that our deeds do not move forward. According to the principle of nature, "reap what you sow" and that too, applicable to all actions, including additional amount than sown. Thus the negative reaction becomes more negative and comes to us in the future. Therefore instead of reacting, it is better to settle the same. In any action if any error then correct it and if not, yet someone correcting then clarify the same by forgetting and forgiving through cool and calm response. For example, in case of an accident, the essence is to seek compensation for damages or to take police action, not to have a heated argument or quarrel, which is a reaction. The practice of Rajyoga greatly increases this power to tolerate.



3. Power to pack up: No one carries all the household goods with him when they go out or travel for a few days, but they carry with them much needed daily necessities. Now seeing the state of this world, the time to go and change is very near and everything has to be given up. The meaning is no need to give up things or matters but to learn the art of living without it, that is to give up the attachment of any one or thing, which is called the power to pack up. The power of pack up is developed through the practice of Rajyoga.

4. Power to withdraw: A tortoise living in the water does its work by spreading its limbs when needed and rests under its shield when the work is completed. Anyone can take a few seconds or minutes out of their work in this way to remember supreme soul from time to time and also experience a break. This process is known "traffic control" i.e. turning thoughts from negative to positive. This work can also be done every hour with help of readymade App which is available free of cost on the "Play Store". Thus transformation of thought increases the power to withdraw, which is part of Rajyoga. Every soul receives this power from Supreme soul, whose memorial is a tortoise in the Shiva temple.

5. Power to cooperate: Supreme soul creates Golden age from Iron Age through world transformation, but He does not have his own body. Hence this task of world transformation is being done through the cooperation of souls. This transformation task work is done in a subtle way i.e. they do not need any wealth but through the power of mind of human souls. Anyone can contribute by making their thoughts positive, powerful and pure through the remembrance of Him. Rajyoga increases the power of cooperation tremendously, as it is the highest path of thought transformation.

6. Power to face: According to Shakespeare's ideology, each person plays a role in this creation of Him. According to the scriptures one does not usually die along with close ones i.e. each person enjoys or suffers fate according to his actions or karma. The feeling of sorrow naturally arises when a loved one leaves the body, but the soul who leaves the body at that time is also in sorrow. No soul likes to give up the body as it has maximum attachment to its own body. The soul that leaves the body at such times needs peace and power. So instead of crying or expressing sorrow at this time, it is better to pray for peace or power for that soul. While the death of the soul that assumes the body is certain, positive thinking helps a lot for the peace of the soul that leaves the body. The power to face is gradually developed through Rajyoga.

7. Power to decide: With the help of Rajyoga, transformation of thoughts that is change of mind becomes positive, which reduces the number of thoughts. This saves one's powers, which increases his decision-making power in any situation. This keeps a soul calm, cool, stable, immovable and unshakable even in a war-like situation, an example of which is Yudhistir in the Mahabharat scripture. An increase in decision power also increases a person's efficiency and effectiveness.

8. Power to discern: A diamond merchant can discern a real and fake diamond. In similar way, a soul can discern any soul based power of mind by reading anyone's thoughts. One's own thought transformation can also make it possible to change the thoughts of other one. Positive thinking can transform the thought of anyone through thoughts, feeling, emotion, attitude, and waves which are also called "thought Reiki".

Human thoughts have immeasurable powers, hence the saying, "Supreme soul created the world by determined thoughts through human body known as Brahma". The power of thought is the great power, which is the basis of the study of Rajyoga. Every human soul is equal to Brahma, the creator of his own thoughts, on the basis of which self-transformation takes place. Shivshakti mothers are shown with 8 hands in Hinduism, which is also a depiction of the powers that souls receive

from the supreme soul. Human self-transformation is the cornerstone of world transformation.

Let us practise Rajyoga Meditation. We are the unique source of light or point of light. We are the divine children of supreme soul who is light form, as lovingly known as Baba i.e. Father. He lives in the supreme abode, possesses all divine qualities and performs divine deeds with His powers. By remembering Him as a powerful, pure soul, the flow of His powers comes to us because “as you think so shall you become”. By remembering Him by heart, His powers such as power to accommodate, power to tolerate, power to pack up, power to withdraw, power to cooperate, power to face, power to decide and power to discern are fully realized. Each soul receives 8 powers from Him, due to which in Hinduism some deities are depicted as a metaphor having eight arms. Being the children of Him, we are the master ocean of His knowledge, powers and virtues. We spread His powers through vibrations in the surrounding environment so that all the souls and also the elements of nature become peaceful, powerful and pure through His powers. Such a change of thoughts leads to self-transformation, which becomes the basis of world-transformation.