The incarnation of Supreme soul in the human body

Every human being has physical and aura body which are run by the astral, incorporeal, spiritual, formless, invisible soul (source of unlimited light), which is eternal, immortal, and indestructible. Like the soul, Supreme soul is also a form of light or point of light; affectionately called "Baba" meaning Supreme father; living in supreme abode; incarnates into this world for His divine tasks of establishment, destruction and sustenance through trinity. Rajyoga means realizing oneself to be the soul and contemplate about the immeasurable knowledge, unlimited powers and divine qualities of supreme soul as well as the cycle of His creation while walking-moving, rising-sitting, eating-drinking, doing every action to become the king of all senses as well as continuous practice of self-transformation leading to world transformation. The soul and the supreme soul come into the corporeal drama of world cycle to play their respective roles. This world cycle is called the cycle of time or the eternal drama that takes place on the world stage. Soul, supreme soul and world cycle are eternal. Supreme soul has no His own body so He incarnates into this world through old human being to shre His knowledge and power, which is known as Prajapita Brahma, Adidev, Adam, Edam etc. in different religion.

The supreme soul incarnates in the old human body which is not Supreme Being, supreme teacher or true guide, but a human being like us. Only He uses his body to teach His knowledge and Rajyoga, through which he also exalts his own life and inspires us to live an elevated life like him. The common name of this old body was Dada (elder brother) Lekhraj, in whom He incarnated when he was about 60 years old. Therefore it is natural to know about his previous life. He was born in 1876 in Sindh Hyderabad, now in Pakistan, to a Sindhi family. His father was a teacher in the local school and lost his parents' canopy at an early age, so he joined his brother's grain business. The youth of his Sindhi family were engaged in various occupations in different cities of India and abroad. At such a young age, he joined the jewellery and diamond business with his family members in Mumbai. Gradually he became very active in business and opened his own magnificent shops in big cities like Calcutta, Mumbai, and Hyderabad. He was earning a lot of money. He himself was a devotee of Vishnu and made huge incognito donations in his society as well as elsewhere. He himself had good logical powers,

so he made 12 gurus for a deeper understanding of religion. He used to make gathering into spiritual gathering that is satsangs for the welfare of him and others on the occasions related to household and business. He had two sons and two daughters, three of whom were married. Only one of the youngest sons was unmarried. Now he was in his 60s so he was thinking of retiring but moving on as he was earning good money in his diamond and jewellery business.

Once he had the revelation of his worship worthy deity and under the guidance of his guide he increased his devotion. So he had three revelations, in which the great destruction of this world, supreme abode and the revelation of heaven took place but he did not realize who was doing it. After the revelation of the great destruction, he had renunciation of this world. So he retired from the earning business of diamond and jewellery and wanted to be associated with the work of supreme soul. He now started spiritual gathering in his home in 1935 with his body, mind and wealth, where they were starting gathering with sound of "Om" daily so kept the name the gathering as "Om Mandali." Now he gradually realized that supreme soul Shiva (the benefactor) wanted to do His work through him. Supreme soul began to give visions to those who came to the spiritual gathering through his body according to their beliefs. The number of gatherings reached close to 300 people due to visions.

In the beginning Dada dedicated his body, mind and wealth to Om Mandali along with his family per inspiration of supreme soul. Seeing this example, the other four families also became completely surrendered. A managing committee of 8 mothers and sisters was formed to manage. The committee consisted of a young girl named Radha, who sung beautifully and also played the violin, who was entrusted with the task of singing the Om sound. She was known as "Om Radhe", who was entrusted with the main role in the committee. Supreme soul carried out many revelations in the subtle region through divine vision and also gave guidance through the messenger sisters. Supreme soul also changed the names of all children to forget the worldliness and consciousness of the body, in which Om Radhe was named Jagdamba Saraswati, known to all as "Mamma" and Dada was named as Prajapita Brahma as known by all as Brahma Baba or "Dada".

The gathering also had children between the ages of 6 and 10 and 11 to 14. With the consent of their parents per direction of Him, two hostel classes were started, in which they were given facilities like a prince so that they could become an excellent administrators in the future to continue His task. Supreme soul began to build a spiritual army. He began to prepare His children by showing them the right path, which

included the company of Him, the inculcation of divine virtues in life, pure food and all the relationship with Him. This led to opposition in the society and they formed "anti-Om Mandali." They created lots of obstacles including the court cases, but all issues were resolved as task of Him. Adding more than 100 people with the knowledge and power of Him, it now became an "Om Mandali" of 400 people. A year later the spiritual gathering moved from Sindh Hyderabad to Karachi, where for 14 years (until 1950) He gave spiritual training and full sustenance through medium of Dada.

India was divided into India and Pakistan in 1947, so many members of the families of spiritual gathering migrated to India. They repeatedly invited gathering of Om Mandali to come to India. In 1950, supreme soul directed to move to India and per invitations of families of member of gathering, they moved to Mount Abu. Now Supreme soul named the "Om Mandali" as "Prajapita Brahmakumaris Ishwariya Vishwa Vidyalaya". He is the father of his children (souls) hence word "Prajapita" (father of the people through old body); He incarnates in old body and named him "Brahma" meaning mother of sisters in gathering of sister and majority virgins so "kumaris"; His task for souls of the world so word "world"; He imparts spiritual knowledge so word "spiritual"; and education for all souls of the world so word "vishwa vidyalaya" meaning an university. He does not say anything in advance but directs according to the need of the time.

Now, according to the invitation, the members of the gathering went to their relatives to impart knowledge and share their experiences. Family members saw the practical life of them and impressed with spiritual knowledge and life transformation. They offered the facilities for opening service centres for the public for such elevated knowledge in India. Supreme soul has already said that "it is better to die than to beg", so support would be accepted from those who voluntarily take advantage of knowledge and change their practical life. The institution would not take money from government aid and others because "as the food so the mind" and the service centres are administered regularly by a committee of volunteer children of Him following the principles of spiritual knowledge and should be in a transparent manner according to the laws of that country where established. Now various service centres opened in India where people offered free Rajyoga courses and regular knowledge of Him.

Mamma left her mortal coil on June 24, 1964 leading to perfect and complete life as per the principles of spiritual knowledge and the internal

responsibility of the organization was handed over to Didi (elder sister) Manmohini. On January 18, 1969, Dada left body by attaining angelic stage per His spiritual knowledge at the age of 93 and his responsibility was handed over to Dadi (elder sister) Prakashmani as the chief administrative head. Now the incarnation of Him began to take place according to the schedule in the body of His messenger Dadi Hridayamani or Dadi Gulzar along with the subtle body of Dada. In 1973-74, as per the direction of Him, the first service centre abroad was opened as "Raja Yoga Meditation Centre" in London where Dadi Janaki made an important contribution. Now the service centres and children of Him began to grow abroad as well as in India, so that the residences around the head office at Mount Abu known as "Pandavbhavan" or "Madhuban" were also purchased. In 1982, He directed children to become a member of the "United Nations." Brahma Kumaris became a member of the United Nations Organization (UNO) as Non-Government Organization (NGO) with help of foreign centers and Mt. Abu head office, and began to work for the peace in various countries.

RAJYGOA EDUCATION AND RESEARCH FOUNATION WINGS

- Administrator Wing
- Art & Cultural Wing
- Business & Industry Wing
- Education Wing
- Jurist & Law Wing
- IT Wing
- Media Wing
- Medical Wing
- Politicians Wing
- Religious Wing

- Rural Wing
- Scientist & Engineering Wing
- Security Services Wing
- Shipping, Aviation & Tourism Wing
- Social Service Wing
- SpARC Wing
- Sports Wing
- Transport & Travel Wing
- Women Wing
- Youth Wing

In 1984, an Universal Peace Hall (Om Shanti Bhavan) with a capacity of 5000 people was constructed in front of the head office where translation into various languages was facilitated as many foreign brothers and sisters started coming to meet supreme soul. Due to expansion of the institution in Bharat and avbroad, various international conferences convened at Mount Abu between 1985 and 1990. In 1991-92, a large complex "Gyan Sarovar" known as "Academy for Better World" and backed with solar-power was built in Mount Abu. In the same year, with the help of the UNO, the "Global Hospital and Research Centre" established in Mount Abu as trust, to provide free medical services to the surrounding tribal area. As per the direction of Him, 20 Wings for the divine service of various classes or segments of the society were created under "Rajyoga Education and Research Foundation" as shown in the picture.

In 1997, for more facilities to the souls, the organization built a large campus on Abu Road with state-of-the-art facilities and backed with solar-power known as "Shantivan", which includes "Diamond Hall" with a capacity of 30,000 children of Him to stay, to dine and to meet Him, a conference hall with a capacity of 5,000 souls, other small halls, as well as all other facilities. Since then Brahma Kumaris have set up many projects like Manmohani complex with Godlywood Studio, India One Solar Thermal Plant, Mansarovar Complex, Trauma Center and Hospital, Gaushala etc. at Abu Road, Rajasthan. Many new projects are also in progress.

Dadi Prakashmani left the body in 2007 and Dadi Janaki became the "chief administrative head." Dadi Janaki left the body in 2019 and Dadi Hridaymohini became chief administrative head who also left mortal coil in 2020. Now current chief administrative head is Dadi Ratanmohini. The institute currently has 8500 service centres in 140 countries and 16 retreat centres in the India and abroad, with various programs for the public as well as students of the institute. Retreat centres run in California and New York in North America. Each service centre also organizes various programs for the general public as well as for the students of the institute free of cost from time to time, which can be availed by any human soul.

Let us do Rajyoga meditation. We are souls means source of unlimited light, having three powers that is mind, intellect and habits or sansakars. We are child of Supreme soul, Master Ocean of His knowledge, powers and virtues. He has no body so His way of working is unique. We connect with him by considering ourselves as soul and talk with him through thoughts which is powerful energy. He touches our intellect and gives us solutions to any situations, people, challenges, problems, obstacles coming in our life. If we are unable to catch that touching through intellects then He gives solutions in His daily versions of Murli. He also helps us by making any person or matter as instrument to help us as He has no physical body and He is our father. Thus we are remaining in His Company in our daily routine and He is always ready to help us. We feel His Almighty Company and our life become stable, cool, calm, unshakeable and immovable which is the destination of life that is life full of purity, power, peace and happiness.