

3. The third eye of human being – Intellect

The human soul has three powers. The power of the soul to think is called the mind, power to make decisions is called the intellect and the power of the soul to remember is called resolves or sansakar that is imprint on souls of thinking and doing. The human mind has different types of thoughts, which can be changed through regular and continuous practice of Rajyoga. The second power of the soul is called intellect, which is primarily the decision-making function. As shown in the picture, there are mainly 6 functions of intelligence as portrayed in the picture, such as reasoning, decision making, speculating, understanding, seeing with the mental eye that is visualizing, and experiencing.

1. Reasoning: The intellect has the power to make many kinds of arguments or reasons. Suppose someone wants to go somewhere, then analyzes the various ways to get there. One way is the shortest route, another way goes through the house of a friend and a third way goes through house of a relative. Intellect presents a picture of different available options by reasoning, evaluating various advantages and disadvantages of each option. Suppose little work is with the friend to do, the intellect decides to go from there even though the route is a bit longer.

2. Decision making: Another function of the power of our intellect is to make decisions. Intelligence explores the advantages and disadvantages of each choice or option and finally decides choice based on maximum benefit and minimum disadvantages. Thus it works according to the logic. Decision making is the main function of the intellect.

3. Speculating: Intellect also thinks about the risks of each option when making decisions based on different choices or options. For example, when

investing money, consider the experience you have had in the past. The ups and downs of the market are also taken into account. If in the past the investment has benefited at the time of market downturn, then when such an opportunity arises, intellect speculates about the same and also invest at risk.



4. Understanding: The intellect acquires a complete understanding of each option or choice based on its own experience and latest information. There is a lot of information available on a daily basis based on well-being

and situation, which is understood by making decisions based on various reasoning and risks. Understanding is the capital of human life, known as wisdom.

5. Visualization: This power of human intellect is special which is also called the third eye of human being. This third eye of intellect can see a human being or matter which may be thousands of miles away. If the mother's child is seriously sick abroad, she thinks of it and can see with her third eye. When a lover is lost in the memory of beloved, he does not see even if another person passes in front of him. Asked if a person passed by, he did not know anything, because the lover was busy looking at his beloved with his third eye of intellect, so he did not know who passed in front of him.

6. Experience: The intellect sees through the mental third eye and also experiences the same. Our home can be seen and experienced from thousands of miles away. For example, we are abroad and from there we can visualize our home. The door of the house locked and opens it with a key. Now enter the house, take off your shoes, and sit comfortably on the sofa. Now go to the kitchen, open the freezer, and put the piece of sweet in your mouth which you like and keep in it. Now squeeze a slice of lemon in your mouth. You love both the taste, which you often enjoy. Now saliva will start coming in your mouth. In fact you do not eat but see with the mental eye and experience it completely.

This is a characteristic of the intellect to visualize a picture of it and makes it to feel. To use this power of intellect for the remembrance of supreme soul that is Almighty and to create elevated life by imbibing the knowledge, powers and divine qualities of Him, which is the practice of Rajyoga. With regular and continuous practice of Rajyoga, every human being can keep his mind and intellect cool, stable, calm, immovable, and unshakeable, which is indicated in Mahabharat scripture as character of Udhisthir, means

stable in war going on in and out of mind and intellect. Let any human being experience the soul between two eyebrows in his forehead and produce the loving feeling of divine love of soul as brother, the children of one supreme soul.

Cultivating such soul consciousness removes all restrictions such as gender, age, religion, nationality, caste, position, status in society, education, occupation etc. Each soul is full of the original seven virtues, namely knowledge, power, purity, happiness, peace, bliss and divine love. When we have a negative or waste thought about any soul or matter based on our past experience, we have to explain to our mind that we are more hurting ourselves by such thoughts, because as soon as the thought comes, the thought turns into emotion and feeling. This emotion and feelings produce a variety of hormones in the body. This negative emotion like anger, hatred, jealousy, hatred etc. creates negative electronic motion through hormones to be experienced inside. This negativity hurts us immensely, that is why we have the advantage in forgetting and forgiving negativity.

We can do meditation or yoga on the mind and intellect by observing our thoughts every hour. We are point of light (Jyotirbindu) form soul, which governs the physical and subtle body and is formless, immortal and indestructible. The soul has complete control over its body through its three powers mind, intellect and resolves (sanskaras). We think with the mind and can see as well as experience with the intellect. Let us use both of these powers. We are very far from our home and remembering our home. We unlock the door and enter in the house. Look at the picture of the wedding on the wall and remember the past. Now let's go to the freezer where we have sweets that we like. Let's open the door of the freezer and eat what we like, taste it and finally squeeze slice of the lemon to finish the taste. If we visualize the scene properly, the saliva emerges in mouth. We

can use this mind and intellect power in yoga or meditation so that we can transform ourselves with the knowledge and power of Supreme Soul, which is the basis of world transformation.