

## **8. Understanding the beliefs of Supreme Soul**

The soul who runs physical and aura bodies is the astral, incorporeal, spiritual, formless, invisible power, that is source of unlimited light (soul) or point of light, which is eternal, immortal, and indestructible. Like the soul, Supreme soul is also a form of light or point of light; affectionately called "Baba" meaning supreme father; living in supreme abode; an ocean of knowledge, powers and virtues; and incarnates into this world for His divine tasks of establishment, destruction and sustenance through trinity. Therefore He is accepted by all religions; supreme; highest; omniscient; and the ocean of knowledge, power and virtues. On the basis of this introduction one can understand the various beliefs about supreme soul which are shown in the picture.

**1. Nature is Supreme soul:** One of the many divine qualities of Supreme soul is to bestow or to help. Therefore the element of nature which has the quality of giver or helper is accepted as supreme soul. For example, the sun gives light and might, that is, it develops building material for the plants and trees with the help of the chlorophyll, and life of all the animals, birds, etc. of the world becomes possible. Hence the sun is worshiped as god. Moon gives coolness hence the moon is considered as god. The earth provides a place for everything to sustain and nourish so it is accepted as the mother the earth. The spirit and feeling behind this is very elevated and great but these are the elements of nature, of which we all are aware. There is no consciousness in it, while supreme soul is the form of the truth, living being and blissful meaning almighty authority having consciousness. So nature can be called god in respect of this quality but He is one, the truth and also the father of all human souls.

**2. Soul is supreme soul:** Every human being, animal or bird has a soul in them, which science calls consciousness or power, by which the body runs. This soul interacts with nature through the body's senses. It is said that there is Supreme soul in the soul with the intention that a human soul should not hurt, betray, or kill another human being. It is said that the Supreme soul resides in every living being so that no one injure or devour another animal, bird or any other life. Supreme soul resides in the soul meaning the spirit behind it is elevated. The human soul becomes equal to supreme soul in virtues, which is called a complete human being i.e. a deity or an angel. The human soul and the Supreme

soul both exist separately and their names, forms, residence, qualities and functions are completely different.

## The beliefs about supreme soul

1. Nature is supreme soul
2. Soul is supreme soul
3. Brahm is supreme soul
4. Supreme soul is omnipresent
5. Supreme soul is formless
6. Supreme soul is deity or angel
7. Supreme soul is beyond name and form

**3. Brahm is supreme soul:** Brahm is the sixth element, which is beyond the five elements of this nature, where the human body or elements of nature cannot go. The human soul has two bodies, the aura and the physical body, neither of which can go there. Only the human soul can go there. Just as president house and president are different, so are Supreme soul and brahm element. Just as the President house is the abode of the President, so the abode of soul and Supreme soul is the Brahm element, but because of its oval shape it is called the brahmand (oval shape of brahm). Thus Brahm or Brahmand is not Supreme soul but the abode of soul and supreme soul, which is known as Paramdham

(supreme abode), Brahmand, Shantidham (abode of peace), or the incorporeal world.

**4. Supreme soul is omnipresent:** Every soul has divine qualities, the creator of which is Supreme soul, the Father. Supreme soul cannot be called omnipresent because of the similarity in qualities of Him and souls. For example, even if the qualities of the son and the worldly father are the same, the son is not called the father; the existence of both is different. In similar way, it cannot be said that Supreme soul is omnipresent, that is, in everyone. Each has its own soul, which governs the body, and has a separate existence in supreme abode. The spirit behind this belief is very elevated. Supreme soul is said to be omnipresent on the basis of the understanding that one soul cannot hurt or betray or kill another soul. This vicious world condition is not possible if Supreme soul resides in everyone. In fact, Supreme soul is one, the truth, and the father of all human souls.

**5. Supreme soul is formless:** Supreme soul is not shaped like any human being, animal, bird, plant, matter, facilities etc., i.e. its shape is not like any other thing, object or creature of this world. But He has shape, which is His form. The form or shape of Supreme soul is acceptable by every human being's religion, which is light or point of light. Light comes out from a single point hence Supreme soul is also called light or point of light. Thus supreme soul is considered to be a supernatural, formless, invisible supreme being who exists in the eyes of the world, even if he does not appear real, bodiless, incorporeal, having no physical existence, invisible. Our soul is also the most subtle point of light, which cannot be seen but can be experienced by the body, in the same way supreme soul, the father of the soul, is also a point of light like the soul.

**6. Supreme soul is deity or angel:** Supreme soul does not have his own physical or subtle body, while deities have both bodies and angels have subtle bodies. The qualities of deity and angel are similar to supreme soul but they have their bodies and creation of Him. Supreme soul is one, the truth and the father of all human souls.

**7. Supreme soul is beyond name and form:** Anything or anyone in this world has a name, form, etc. then how supreme soul is distinct from the name and form? His eternal name is benefactor meaning Shiva. His form is the form of light and light comes out from a single point hence

the form of Him is similar to point of light. Just as the sky is a void and empty yet has a name, so supreme soul has a name and a form.

Seen in this way, the spirit behind the beliefs about supreme soul is very elevated but its understanding is also very necessary.

Let us practise the meditation of supreme soul. We are the source of the unique light and the point of light with the three powers, mind, intellect and sansakars (habits). We are the children of Him, who is like us, that is, the form of light or the point of light and the father of every soul, so the soul is not supreme soul and is not omnipresent. He resides in the highest supreme abode, which is called brahmand (oval shaped sixth element of light) so He is not brahm element. He is trinity means establishes the new world, sustain it and destroy the old world through three deities or angles, hence He is not deity or angel. He is not shaped like any human, animal, bird, plant, object, hence He is said to be formless. He does the welfare of every soul as a father hence the name is Shivbaba or father and his shape is a form of light i.e. He is not beyond name and form. He is supreme means beyond the five elements of nature, meaning nature is not supreme soul. We are His children so we are the master ocean of His knowledge, powers and qualities. Let us spread vibrations of His powers all around to make the world and nature peaceful, powerful and pure.